

## FAMILY MATTERS PART 7: DO'S & DON'TS OF DISCIPLINE

### 1. "DO NOT EXASPERATE"

#### A. "Do not exasperate" (Eph. 6:4)

- i. How we can exasperate:
  1. Demands that are \_\_\_\_\_, unreasonable, humiliating, or abusive
  2. Showing favoritism or \_\_\_\_\_.
  3. Always \_\_\_\_\_, never praising.
  4. \_\_\_\_\_-parenting OR \_\_\_\_\_-parenting
  5. \_\_\_\_\_ discipline.
- ii. The command does NOT mean none of your \_\_\_\_\_ actions will ever anger your child (Gen. 4:5-7)
- iii. BOTTOM LINE: Biblical authority is not cold, calloused nor arbitrary. Biblical authority is relational, \_\_\_\_\_ and aimed at the heart.

#### B. DO Encourage: "Lest they become discouraged" (Col. 3:21)

- i. Parenting should NOT be only \_\_\_\_\_.
- ii. "Gracious words are like a honeycomb, sweetness to the soul and health to the body." (Prov. 16:24)
- iii. As much as possible, use \_\_\_\_\_ instructions rather than negative.
  1. *NEGATIVE: Don't hit your sister.*
  2. *POSITIVE: You need to show kindness to your sister*
- iv. Encourage Good Behavior with praise/reward
  1. *Pre-Activity Reminder:*
    - a. \_\_\_\_\_ *Reminder Encourages your child to do right by reminding what is expected*
    - b. \_\_\_\_\_ —*Goal is to get your children to tell you what is required*
  2. *Post-Activity Reward: Motivates future righteous behavior. Ex: "You sat and listened so well in church today"*
  3. *IMPORTANT: Children can be rewarded for their obedience, but not obedient for a reward. Reward, don't \_\_\_\_\_.*

### 2. "BUT BRING THEM UP"

- A. Don't hate your child (failing to discipline) Whoever spares the rod hates his son, but he who loves him is diligent to discipline him. (Prov. 13:24, 29:15)
- i. Pain is a powerful teacher
    1. *Pain teaches something is \_\_\_\_\_ and needs attention.*
    2. *Pain helps \_\_\_\_\_ a child and gain self-control over destructive behaviors.*
    3. *Pain helps place \_\_\_\_\_ on wrong-doing.*
    4. *Don't shield your children from the pain of \_\_\_\_\_ consequences.*
    5. *Don't yield your parental authority by refusing to administer \_\_\_\_\_ correction or chastisement.*
  - ii. The pain of discipline or the pain of \_\_\_\_\_ (Prov. 29:15; Heb. 12:11)
- B. Do love enough to discipline (Prov. 3:11-12)

- i. "Bring them up" *ektrepho*—"bring up, nourish"
  1. *We nourish our children's bodies with healthy food and activity.*
  2. *We nourish our kids' \_\_\_\_\_ with the discipline and instruction of the Lord.*
  3. *Present tense (continuous action) "Keep on bringing them up"*
- ii. "In the discipline and instruction"
  1. *Paideia*—"discipline; training and education of children, hence: instruction; \_\_\_\_\_, correction."
    - a. *Chastisement*—*to inflict pain with controlled force to amend an inner attitude*
  2. *Nouthesia*—"exhortation (encouraging right behavior) and admonition (strongly reprimanding wrong behavior)"

### 3. "OF THE LORD"

- A. Biblical discipline is a process of \_\_\_\_\_ and learning that fosters moral development (righteousness). (Mal. 2:15)
- B. The job of the parent is to transform the \_\_\_\_\_ of the child from what it is to what it should be, not simply manage short-term behavior.
- i. Don't allow rebelliousness to fester. (Prov. 30:17)
- C. Don't Discipline by Mood (Subjective Discipline)
- D. Discipline by God's Standards (Objective Discipline)
1. *Seek the Lord's wisdom, not \_\_\_\_\_ wisdom. (Prov. 14:12)*
  2. *Discipline to the \_\_\_\_\_, not just to the actions.*
  3. *Correct at the \_\_\_\_\_, don't let it build. Let the punishment fit the crime (proper value of wrong-doing).*
  4. \_\_\_\_\_—*forgiveness and love after correction.*